

**Camden Promise Charter School
October**

**#1
Made to Order Deli Bar Offered Daily**
Choice of Bread - W/G Wrap or Roll
Choice of Meat - Turkey, Ham, Tuna, Egg Salad
Choice of Cheese – American or Provolone
Condiments – Lettuce or Tomato

FAST TAKES

**#2
EVERYDAY CHOICES**
A- Yogurt Parfait
B-Cheese, Pepperoni w/ Cracker
C- Chef Salad D- Crispy Chicken Salad
E – Buffalo Chicken Salad
F – Chicken Caesar Salad

GRILL

**#3
EVERYDAY CHOICES**
Change Daily
A - Chicken Patty
B - Cheese Burgers
C – Special of the Day

PIZZA

EVERYDAY CHOICES

#4
A-Pepperoni Pizza B- Cheese Pizza
C –Sausage Pizza

SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown Seasonal Fresh Fruit and Vegetables and Low Fat Milk

10/1 <i>Quesadillas w/ Salsa Carrots</i>	10/2 <i>Hot Dogs on Roll Baked Beans</i>	10/3 <i>Cheese Ravioli Dinner Roll Spinach</i>	10/4 <i>Chicken Fajita over Rice Steamed Corn</i>	10/5 <i>½ Day Cheesesteak Steamed Green beans</i>
10/8 <i>Columbus Day School Closed</i>	10/9 <i>Popcorn Chicken Dinner Roll Baked Fries</i>	10/10 <i>Spaghetti w/ Meatballs Dinner Roll Salad</i>	10/11 <i>Crazy Nachos Doritos Refried Beans</i>	10/12 <i>Ham & Cheese Bagel Zucchini Dippers</i>
10/15 <i>Grilled Cheese On Texas Toast Sweet Potato Fries</i>	10/16 <i>Chicken Fries W/ Roll Mixed Vegetables</i>	10/17 <i>Mac & Cheese Bread Stick Stewed Tomatoes</i>	10/18 <i>Chicken w/ Spanish Rice & Beans</i>	10/19 <i>Fish Sticks w/ Tortilla Chips Cucumber Coins</i>
10/22 <i>French Toast Sticks Sausage Tatar Tots</i>	10/23 <i>Pretzel Ham & Cheese Melt Sandwich Green Beans</i>	10/24 <i>Pasta With Meat Sauce Garlic Bread Stick Broccoli</i>	10/25 <i>Chicken Lo Mein Chinese Vegetables</i>	10/26 <i>Sloppy Joe Sandwich Tossed Salad</i>
10/29 <i>Chicken Nuggets Dinner Roll Glazed Carrots</i>	10/30 <i>Salisbury Steak Mashed Potatoes</i>	10/31 <i>Baked Ziti Breadstick Salad</i>		