

**CAMDEN'S PRIDE CHARTER SCHOOL  
OCTOBER 2017 MENU**

<p>10/2 <b>Pepperoni and Cheese Sandwich</b> <i>Bacon Cheeseburger</i> Sweet Potato Fries Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>10/3 <b>Chicken Basket with Biscuit</b> <i>Hot Dog</i> <i>Bagel Boat</i> Corn Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>10/4 <b>Chicken Nuggets w/ Roll</b> <i>Mac &amp; Cheese w/Roll</i>  Sautéed Spinach Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>10/5 <b>Beef Enchiladas</b> <i>General Tso's Chicken with Rice</i> Refried Beans Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>10/6 <b>Round Galaxy Pizza</b> <i>Meatball Parm Sub</i>  Celery with Hummus Dip Spinach Tossed Salad Fresh fruit and fruit cup</p>
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**Weekly:** Ham & Cheese Sandwich Turkey Club Salad

<p>10/9 <b>NO SCHOOL</b> <b>What is a Lunch?</b> Fruit, Vegetable, Grain, Protein &amp; Dairy  <b>Choose at least 3</b> Including: - ½ cup fruit or vegetable - At least 2 other food</p>	<p>10/10 <b>Sloppy Joe Sandwich</b> <i>Grilled Ham &amp; Cheese</i> <i>Pretzel Melt</i> <i>Cereal Boat</i> Waffle Fries Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>10/11 <b>Pasta with Meatballs &amp; Breadstick</b> <i>Chicken Patty</i>  Broccoli Bites Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>10/12 <b>Walking Nachos w/Rice</b> <i>Hot Turkey Sandwich</i>  Three Bean Salad Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>10/13 <b>French Bread Pizza</b> <i>BBQ Chicken Sandwich</i>  Cucumber Slices Romaine Tossed Salad Fresh fruit and fruit cup</p>
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**Weekly:** Tuna Salad Sandwich Crispy Chicken Caesar Salad

<p>10/16 <b>Cheese Quesadilla</b> <i>Pretzel Burger</i>  Cross Trax Sweet Potato Fries Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>10/17 <b>Crispy Chicken Bowl With Roll</b> <i>Mini Corn Dog w/Roll</i> <i>Cheese &amp; Cracker Box</i> Mashed Potatoes Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>10/18 <b>Baked Ziti with Breadstick</b> <i>Grilled Chicken Sandwich</i> Sautéed Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>10/19 <b>Jumbo Popcorn Chicken With Roll</b> <i>Tiger Cub Burger</i>  Vegetarian Refried Beans Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>10/20 <b>Tony's Pizza</b> <i>BBQ Rib Sandwich</i>  Steamed Green Beans Spinach Tossed Salad Fresh fruit and fruit cup</p>
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**Weekly:** Chicken Caesar Wrap Chef Salad

<p>10/23 <b>Breakfast for Lunch</b> Egg &amp; Cheese Bagel <i>Cheeseburger on Bun</i> Glazed Carrots Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>10/24 <b>Chicken Tenders with Breadstick</b> <i>Potato Skins with Bacon and Cheese</i> Corn Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>10/25 <b>Cheese Ravioli with breadstick</b> <i>Chicken Parm Sandwich</i> Steamed Broccoli Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>10/26 <b>Chicken &amp; Waffles</b> <i>Salisbury Steak</i>  Three Bean Salad Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>10/27 <b>French Bread Pizza</b> <i>Texas Toast Grilled Cheese</i>  Green Pepper Strips Romaine Tossed Salad Fresh fruit and fruit cup</p>
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**Weekly:** Italian Sub Grilled Chicken Salad

<p>10/30 <b>Breakfast for Lunch</b> French Toast Sticks Sausage <i>Pizza Burger</i>  Sweet Potato Bites Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>10/31 <b>Poppin' Popcorn Chicken with Roll</b> <i>Hot Dogs</i> <i>Yogurt Boat</i> Baked French Fries Romaine Tossed Salad Fresh fruit and fruit cup</p>			
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**Weekly:** Turkey & Cheese Sandwich Garden Salad with Cheese

Menu subject to change. USDA is an equal opportunity provider and employer.