

**ROSEDALE ELEMENTARY CHARTER SCHOOL
SEPTEMBER 2017 MENU**

<p>8/28</p> <p>Chicken Nuggets with Roll</p> <p><i>Bacon Cheeseburger</i> Sweet Potato Fries Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>8/29</p> <p>Chicken Basket with Biscuit</p> <p><i>Hot Dog or Bagel Boat</i> Corn Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>8/30</p> <p>Chicken Patty Sandwich</p> <p><i>Mac & Cheese w/Roll</i></p> <p>Sauteed Spinach Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>8/31</p> <p>Soft Shell Tacos</p> <p><i>General Tso's Chicken with Rice</i> Chinese Vegetables Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>9/1</p> <p>Round Galaxy Pizza</p> <p><i>Meatball Parm Sub</i></p> <p>Celery with Hummus Dip Spinach Tossed Salad Fresh fruit and fruit cup</p>
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Weekly: Ham & Cheese Sandwich Turkey Club Salad

<p>9/4</p> <p>NO SCHOOL What is a Lunch?</p> <p>Fruit, Vegetable, Grain, Protein & Dairy</p> <p>Choose at least 3</p> <p>Including: - ½ cup fruit or vegetable - At least 2 other food</p>	<p>9/5</p> <p>Sloppy Joe Sandwich</p> <p><i>Grilled Ham & Cheese Pretzel Melt</i> <i>Cereal Boat</i> Waffle Fries Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/6</p> <p>Pasta with Meatballs & Breadstick</p> <p><i>Chicken Patty</i></p> <p>Broccoli Bites Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/7</p> <p>Cheesesteak on Roll</p> <p><i>Hot Turkey Sandwich</i></p> <p>Three Bean Salad Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/8</p> <p>French Bread Pizza</p> <p><i>BBQ Chicken Sandwich</i></p> <p>Cucumber Slices Romaine Tossed Salad Fresh fruit and fruit cup</p>
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Weekly: Tuna Salad Sandwich Crispy Chicken Caesar Salad

<p>9/11</p> <p>Cheese Quesadilla</p> <p><i>Pretzel Burger</i></p> <p>Cross Trax Sweet Potato Fries Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>9/12</p> <p>Crispy Chicken Bowl With Roll</p> <p><i>Mini Corn Dog w/Roll</i> <i>Cheese & Cracker Box</i> Mashed Potatoes Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/13</p> <p>Baked Ziti with Breadstick</p> <p><i>Grilled Chicken Sandwich</i></p> <p>Tossed Salad Fresh fruit and fruit cup</p>	<p>9/14</p> <p>Jumbo Popcorn Chicken With Roll</p> <p><i>Tiger Cub Burger</i></p> <p>Vegetarian Refried Beans Spinach Tossed Salad Fresh fruit and fruit cup</p>	<p>9/15</p> <p>Tony's Pizza</p> <p><i>BBQ Rib Sandwich</i></p> <p>Steamed Green Beans Spinach Tossed Salad Fresh fruit and fruit cup</p>
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Weekly: Chicken Caesar Wrap Chef Salad

<p>9/18</p> <p>Breakfast for Lunch</p> <p><i>Egg & Cheese Bagel</i> <i>Cheeseburger on Bun</i></p> <p>Glazed Carrots Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/19</p> <p>Chicken Tenders with Breadstick</p> <p><i>Bacon Cheese Stuffed Potato Skins with Tortilla Chips</i> Corn Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/20</p> <p>Cheese Ravioli with breadstick</p> <p><i>Chicken Parm Sandwich</i> Steamed Broccoli Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/21</p> <p>Chicken & Waffles</p> <p><i>Salisbury Steak</i></p> <p>Three Bean Salad Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/22</p> <p>French Bread Pizza</p> <p><i>Texas Toast Grilled Cheese</i></p> <p>Green Pepper Strips Romaine Tossed Salad Fresh fruit and fruit cup</p>
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Weekly: Italian Sub Grilled Chicken Salad

<p>9/25</p> <p>Breakfast for Lunch</p> <p><i>French Toast Sticks</i> <i>Sausage Pizza Burger</i></p> <p>Sweet Potato Bites Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/26</p> <p>Poppin' Popcorn Chicken with Roll</p> <p><i>Hot Dogs</i> <i>Yogurt Boat</i> Baked French Fries Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/27</p> <p>Pasta With Meatsauce & Breadstick</p> <p><i>Chicken Patty Sandwich</i></p> <p>Sauteed Spinach Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/28</p> <p>Walking Tacos</p> <p><i>Grilled Ham & Cheese</i></p> <p>Vegetarian Refried Beans Romaine Tossed Salad Fresh fruit and fruit cup</p>	<p>9/29</p> <p>Round Galaxy Pizza</p> <p><i>Fish & Chips w/Roll</i></p> <p>Steamed Green Beans Romaine Tossed Salad Fresh fruit and fruit cup</p>
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Weekly: Turkey & Cheese Sandwich Garden Salad with Cheese

Menu subject to change. USDA is an equal opportunity provider and employer.